

## Fruitful Hills CSA Summer 2019 season share mix

May 8

Full share:

- 1 head lettuce
- 8 oz. spicy stir fry mix/pak choi mix
- 1 bunch radishes
- 1 bunch green onions
- 1 pint strawberries
- 1 pint sweet garlic dill pickles

Partial share:

- 1 head lettuce
- 8 oz. Elegance/mizuna mix
- 1 bunch green onions
- 2 mini pak choi

May 15

Full share:

- 12 oz. Elegance/mizuna mix
- 10 oz. kale
- 1 bunch green onions
- 1 bunch radishes
- 2 heads lettuce

Partial share:

- 8 oz. spicy stir fry/pak choi mix
- 7 oz. kale
- 1 bunch green onions
- 1 bunch radishes
- 1 head lettuce

May 22

Full share:

- 12 oz. lettuce
- 10 oz. kale
- 1 bunch radishes
- 1 bunch green onions
- 2 pints strawberries
- Pickling cucumbers
- 2 pak choi

Partial share:

- 8 oz. lettuce mix
- 7 oz. kale
- 1 bunch radishes
- 1 pint strawberries
- Pickling cucumbers
- 1 head pak choi

May 29

Full share:

- 1 head lettuce
- 2 kohlrabi with tops
- 2 cucumbers
- 1 bunch green onions
- 1 head pak choi
- 1 pint strawberries
- 8 oz. Asian greens mix

Partial share:

- 1 head lettuce
- 1 kohlrabi with tops
- 1 cucumber
- 1 bunch green onions
- 1 Asian Delight pak choi
- 1 pint strawberries
- 8 oz. Asian greens mix

### June 5

#### Full share:

1 head lettuce  
1 bunch radishes  
1 bunch garlic scapes  
1 pint strawberries  
Tomatoes  
Cucumbers

#### Partial share:

1 head lettuce  
1 bunch radishes  
1 bunch garlic scapes  
1 pint strawberries  
Tomatoes  
Cucumbers  
1 zucchini

### June 12

#### Full share:

1 head lettuce  
1 chinese cabbage  
2 cucumbers  
2 zucchini  
1 pint strawberries  
1 bunch peppermint  
Broccoli

#### Partial share:

1 head lettuce  
1 chinese cabbage  
1 cucumber  
1 zucchini  
1 pint strawberries  
1 bunch peppermint  
Broccoli

### June 19

#### Full share:

1 head lettuce  
2 pounds heirloom tomatoes  
1 chinese cabbage  
2 cucumbers  
2 zucchini  
Broccoli  
Cauliflower

#### Partial share:

1 head lettuce  
1 ½ pounds heirloom tomatoes  
1 chinese cabbage  
1 cucumber  
1 zucchini  
Broccoli  
Cauliflower

### June 26

#### Full share:

1 head lettuce  
2 pounds heirloom tomatoes  
1 red Chinese cabbage  
2 cucumbers  
2 zucchini  
Broccoli  
2 pounds cauliflower  
Kohlrabi

#### Partial share:

1 head lettuce  
1 ½ pounds heirloom tomatoes  
1 red Chinese cabbage  
1 cucumber  
1 zucchini  
Broccoli

## July 2

### Full share:

1 head lettuce  
2 pounds heirloom tomatoes  
1 bunch carrots  
1 quart new potatoes  
Cucumbers  
1 head cabbage  
1 head broccoli  
1 bunch celery

### Partial share:

1 head lettuce  
1 pound heirloom tomatoes  
1 bunch carrots  
1 pint new potatoes  
Cucumbers  
1 head cabbage  
Broccoli  
1 bunch celery

## July 10

### Full share:

1 pint cherry tomatoes  
2 ¼ pounds hybrid tomatoes  
1 bunch carrots  
10 oz. kale  
2 zucchini  
1 colored bell pepper  
1 head cauliflower  
1 head broccoli  
1 onion  
1 bunch basil

### Partial share:

Lettuce mix  
1 pound hybrid tomatoes  
1 bunch carrots  
7 oz. kale  
1 zucchini  
1 colored bell pepper  
1 onion  
1 bunch basil

## July 17

### Full share:

Lettuce mix  
2 pounds hybrid tomatoes  
1 quart potatoes  
Eggplant  
1 bunch carrots  
1 bunch peppermint  
1 onion  
Cantaloupe

### Partial share:

1 head lettuce  
1 pint cherry tomatoes  
1 bunch peppermint  
1 pint new potatoes  
1 onion  
1 Costata Romanesco squash

## July 24

### Full share:

1 head lettuce  
2 pounds hybrid tomatoes  
1 pint cherry tomatoes  
2 colored bell peppers  
Leeks  
2 zucchini  
2 cucumbers  
1 bunch lemon basil

### Partial share:

1 head lettuce  
1 ½ pounds hybrid tomatoes  
1 eggplant  
1 zucchini  
Leeks  
Cantaloupe

### July 31

#### Full share:

1 head lettuce  
2 pounds heirloom tomatoes  
1 quart new potatoes  
2 zucchini  
2 cucumbers  
Garlic  
Candy onion

#### Partial share:

1 head lettuce  
1 ½ pound heirloom tomatoes  
Hot peppers  
1 pint new potatoes  
1 cucumber  
Garlic  
Candy Onion  
1 bunch purple basil

### August 7

#### Full share:

1 head lettuce  
1 pound yellow hybrid tomatoes  
1 pound red hybrid tomatoes  
1 pint Fairytale eggplant  
1 bunch colored carrots  
1 bunch leeks  
1 spaghetti squash  
1 8-ball zucchini  
2 cucumbers  
1 Yellow Doll watermelon

#### Partial share:

1 head lettuce  
1 pint cherry tomatoes  
1 pound red hybrid tomatoes  
1 pint okra  
1 bunch colored carrots  
1 bunch leeks  
1 spaghetti squash

### August 14

#### Full share:

1 head lettuce  
1 pound heirloom tomatoes  
1 pint cherry tomatoes  
1 quart okra  
1 quart potatoes  
Garlic  
1 Tiger Doll watermelon  
1 cantaloupe  
1 bunch purple basil

#### Partial share:

1 head lettuce  
1 pound heirloom tomatoes  
1 pint potatoes  
1 pint Fairytale eggplant  
1 kohlrabi with tops  
1 Yellow Doll watermelon  
3 cayenne peppers

### August 21

#### Full share:

1 head lettuce  
1 pound hybrid tomatoes  
1 chinese cabbage  
Cipollini onions  
Garlic  
2 zucchini  
2 cucumbers  
1 Yellow Doll watermelon  
Basil

#### Partial share:

1 head lettuce  
1 pint cherry tomatoes  
1 pint lunch box peppers  
Cipollini onions  
Garlic  
Zucchini  
Cucumbers  
1 Tiger Doll watermelon  
1 bunch lemon basil

## August 28

### Full share:

1 head lettuce  
1 pound hybrid tomatoes  
1 pint cherry tomatoes  
1 quart potatoes  
1 ½ pound green beans  
Beets  
1 Tiger Doll watermelon  
Candy onion

### Partial share:

1 chinese cabbage  
1 pound hybrid tomatoes  
1 pint potatoes  
1 pound green beans  
Sweet bullhorn peppers  
1 Yellow Doll watermelon

## September 4

### Full share:

1 head lettuce  
2 pounds tomatoes  
Sweet bullhorn peppers  
1 bunch leeks  
1 cantaloupe  
1 watermelon  
3 Delicata squash  
1 bunch dill

### Partial share:

1 head lettuce  
1 pound hybrid tomatoes  
1 pint lunchbox peppers  
1 cantaloupe  
2 Delicata squash  
1 bunch peppermint  
1 head broccoli  
1 bunch dill

## September 11

### Full share:

1 head lettuce  
2 pounds hybrid tomatoes  
1 pint cucamelons/Mexican sour cucumbers  
2 bell peppers  
Cipollini onions  
1 head broccoli  
1 Yellow Doll watermelon  
1 bunch purple basil

### Partial share:

1 pint cherry tomatoes  
1 pint cucumbers  
Beets  
1 pound green beans  
1 bunch celery  
1 Yellow Doll watermelon

## September 18

### Full share:

1 head lettuce  
2 pounds hybrid tomatoes  
Bullhorn sweet peppers  
1 bunch leeks  
Cantaloupe  
Watermelon  
3 Delicata squash  
1 bunch dill

### Partial share:

1 head lettuce  
1 pound hybrid tomatoes  
1 pint Lunchbox sweet peppers  
1 cantaloupe  
2 Delicata squash  
1 bunch peppermint  
1 head broccoli  
1 bunch dill

## September 25

### Full share:

1 head lettuce  
2 pounds hybrid tomatoes  
Cauliflower  
Purple Hull peas  
Lunchbox variety sweet peppers  
Large Butternut squash  
14 oz. bunch parsley root with tops  
1 pint ground cherries/Cape gooseberries

### Partial share:

1 head lettuce  
1 pound hybrid tomatoes  
1 pint okra  
Hot peppers  
1 Butternut squash  
1 bunch cutting celery  
1 pint ground cherries/Cape gooseberries

## October 2

### Full share:

1 head lettuce  
1 ½ pound heirloom tomatoes  
1 head pak choi  
Hot peppers  
1 pound green beans  
1 Yellow Doll watermelon  
1 bunch parsley

### Partial share:

1 head lettuce  
1 pound heirloom tomatoes  
¾ pound green beans  
1 pint Lunchbox variety sweet peppers  
1 Yellow Doll watermelon  
Parsley root with tops

## October 9

### Full share:

1 pound hybrid tomatoes  
1 head cabbage  
2 colored bell peppers  
Onions  
1 ½ pounds pears  
1 pie pumpkin  
1 pint cherry tomatoes  
¾ pound bunch carrots with tops

### Partial share:

Kohlrabi  
1 pound hybrid tomatoes  
1 colored bell pepper  
Onions  
1 pound pears  
¾ pound bunch carrots with tops  
1 pie pumpkin

## October 16

### Full share:

1 pound tomatoes  
2 ¼ pounds sweet potatoes  
1 chinese cabbage  
1 bulb fennel  
1 Georgia Honey Roaster squash  
2 Bullhorn sweet peppers  
1 ½ pounds pears

### Partial share:

1 head lettuce  
1 pint cherry tomatoes  
1 ½ pounds sweet potatoes  
1 bulb fennel  
1 Georgia Honey Roaster squash  
1 head cabbage  
1 onion  
2 Bullhorn sweet peppers