

## Fruitful Hills CSA Summer season 2023 share mix

Full and partial share items for each delivery

25 deliveries in the summer season

Weekly deliveries, May to October

**This list of full and partial share mixes shows the deliveries of the summer season 2023.**

**A full share in the summer season is a half bushel box. The partial share is a large grocery tote.**

### **First May delivery**

#### *Full share*

1 head Muir lettuce  
6 oz. spinach  
6 oz. Starstruck lettuce mix  
1 bunch green onions  
4 oz. arugula  
1-pint strawberries

#### *Partial share*

1 head Muir lettuce  
6 oz. chard mix  
6 oz. Premium Greens mix  
1 bunch green onions  
4 oz. arugula  
1-pint strawberries

### **Second May delivery**

#### *Full share*

1 head Muir lettuce  
8 oz. chard mix  
8 oz. Salanova lettuce mix  
1 head bok choy  
1 bunch asparagus  
1 bunch oregano  
1-pint strawberries

#### *Partial share*

1 head Muir lettuce  
6 oz. spinach  
6 oz. Salanova lettuce mix  
1 head bok choy  
1 cucumber  
1-pint strawberries

### **Third May delivery**

#### *Full share*

Muir head lettuce  
Asian Delight bok choy  
8 oz. Salanova lettuce mix  
10 oz. bunch kale  
1 slicing cucumber  
1 bunch radishes  
1 bunch green onions  
1 pint strawberries

#### *Partial share*

Muir head lettuce  
6 oz. Salanova lettuce mix  
8 oz. Bright Lights chard  
1 bunch asparagus  
1 cucumber  
1 pint strawberries

# Fruitful Hills Summer 2023 season CSA

## Weekly full and partial share list

### Fourth May delivery

#### *Full share*

1 head Magenta lettuce  
8 oz. spinach  
1 bunch Bright Lights chard  
1 bunch beets with tops  
1 kohlrabi  
1 head sprouting broccoli  
2 cucumbers  
1 pint strawberries

#### *Partial share*

1 head Magenta lettuce  
1 bunch kale  
1 bunch beets with tops  
1 bunch asparagus  
1 bunch radishes  
1 bunch green onions  
1 pint strawberries

### Fifth May delivery

#### *Full share*

1 head Romaine lettuce  
1 bunch collard greens  
1-1/2 lb. green beans  
1 bunch Hakurei turnips  
1 bunch green onions  
1 bunch oregano  
1 pint strawberries

#### *Partial share*

1 head Romaine lettuce  
1 head bok choy  
1 bunch beets with tops  
1 bunch Hakurei turnips  
1 cucumber  
1 pint strawberries

### First June delivery

#### *Full share*

1 head Muir lettuce  
1 pint shell peas  
1 pint cherry tomatoes  
1 head broccoli  
1 head cauliflower  
1 kohlrabi with tops  
2 slicing cucumbers  
1 bunch garlic scapes

#### *Partial share*

1 head Magenta lettuce  
1 pint shell peas  
1 head Chinese cabbage  
1 head broccoli  
1 bunch hakurei turnips  
1 bunch green onions  
1 bunch garlic scapes

### Second June delivery

#### *Full share*

2 heads mini Romaine lettuce  
1 quart snap peas  
1 pint new potatoes  
1 head cabbage  
10 oz. bunch kale  
1 head cauliflower  
1 bunch green onions  
1 bunch cilantro

#### *Partial share*

2 heads mini Romaine lettuce  
1 quart snap peas  
1 pint new potatoes  
1 head cabbage  
8 oz. bunch collards  
1 bunch basi

# Fruitful Hills Summer 2023 season CSA

## Weekly full and partial share list

### Third June delivery

#### *Full share*

1 head Muir lettuce  
1-1/2 pound green beans  
1 pound heirloom tomatoes  
1 head broccoli  
2 zucchini  
16 oz. beets with tops  
8 oz. Salanova lettuce  
1 bunch basil

#### *Partial share*

1 head Muir lettuce  
1 pound green beans  
1 pint cherry tomatoes  
1 head broccoli  
1 zucchini  
16 oz. beets with tops  
1 bunch cilantro

### Fourth June delivery

#### *Full share*

1 head Muir lettuce  
2 pounds hybrid tomatoes  
1 head broccoli  
1 head cauliflower  
1 quart snap peas  
1 bunch dill  
1 candy onion

#### *Partial share*

1 head Muir lettuce  
1 pint cherry tomatoes  
1 pound hybrid tomatoes  
1 zucchini  
1 quart snap peas  
1 bunch dill  
1 candy onion

### First July delivery

#### *Full share*

6 oz. Salanova lettuce mix  
1 pint cherry tomatoes  
1 pound heirloom tomatoes  
1 bunch beets  
1 pint pickling cucumbers  
6 ears sweet corn  
1 watermelon  
1 bunch parsley

#### *Partial share*

6 oz. Salanova lettuce mix  
1 pound hybrid tomatoes  
1 head cauliflower  
1 bunch beets  
1 cucumber  
1 watermelon

### Second July delivery

#### *Full share*

1 head Muir lettuce  
1 pound hybrid tomatoes  
1 pound green beans  
1 pound new potatoes  
1 zucchini  
1 candy onion  
1 watermelon  
1 bunch oregano

#### *Partial share*

1 head Muir lettuce  
1 pint cherry tomatoes  
1 pound heirloom tomatoes  
1 pound green beans  
1 pound new potatoes  
2 Mexicana zucchini  
1 watermelon

## Fruitful Hills Summer 2023 season CSA

### Weekly full and partial share list

#### **Third July delivery**

##### *Full share*

1 head Muir lettuce  
1 pound heirloom tomatoes  
1 head cabbage  
2 green bell peppers  
1 candy onion  
1 watermelon  
1 bunch basil  
1 pint cherry tomatoes  
1 zucchini

##### *Partial share*

1-1/2 pounds hybrid tomatoes  
1 head cabbage  
1 green bell pepper  
1 candy onion  
1 zucchini  
1 Mexicana zucchini  
1 watermelon

#### **Fourth July delivery**

##### *Full share*

7 oz. kale  
2 pounds hybrid tomatoes  
1 pound green beans  
1 quart potatoes  
1 watermelon  
6 hot peppers  
1 candy onion  
3 heads garlic

##### *Partial share*

1-1/2 pounds hybrid tomatoes  
1 pound green beans  
1 pint potatoes  
1 watermelon  
4 hot peppers  
1 candy onion  
2 heads garlic

#### **First August delivery**

##### *Full share*

2 pounds hybrid tomatoes  
2 pounds beets  
2 zucchini  
2 cucumbers  
2 bell peppers  
1 candy onion  
1 watermelon  
1 bunch cutting celery

##### *Partial share*

1 pound heirloom tomatoes  
1 pint cherry tomatoes  
1-1/2 pounds beets  
2 zucchini  
1 bell pepper  
1 candy onion  
1 watermelon

#### **Second August delivery**

##### *Full share*

1 pound heirloom tomatoes  
1 pint cherry tomatoes  
1-1/2 pounds green beans  
1 quart potatoes  
1 sweet red onion  
1 eggplant  
1 watermelon

##### *Partial share*

6 oz. kale  
1-1/2 pounds hybrid tomatoes  
1 pound green beans  
1 pint potatoes  
1 pint pickling cucumbers  
1 watermelon

# Fruitful Hills Summer 2023 season CSA

## Weekly full and partial share list

### Third August delivery

#### *Full share*

2 pounds hybrid tomatoes  
8 oz. bunch kale  
1 pint lunch box peppers  
2 colored bell peppers  
1 candy onion  
1 pint Fairy Tale eggplant  
1 watermelon  
1 pint pickling cucumbers

#### *Partial share*

1 pound heirloom tomatoes  
1 pint cherry tomatoes  
1 eggplant  
2 sweet Bullhorn peppers  
1 sweet red onion  
1 watermelon

### Fourth August delivery

#### *Full share*

1-1/2 pounds hybrid tomatoes  
1 pint cherry tomatoes  
1-1/2 pounds green beans  
1 quart potatoes  
2 sweet Bullhorn peppers  
1 cantaloupe  
1 bunch red basil  
1 pint ground cherries

#### *Partial share*

1-1/2 pounds hybrid tomatoes  
1 pound green beans  
1 pint potatoes  
1 pint lunch box peppers  
1 cantaloupe  
1 pint ground cherries

### First September delivery

#### *Full share*

2 pounds hybrid tomatoes  
8 oz. Salanova lettuce mix  
1 eggplant  
2 sweet Bullhorn peppers  
1 pint ground cherries  
1 watermelon  
1 bunch basil

#### *Partial share*

1 pound hybrid tomatoes  
1 pint cherry tomatoes  
1 pint Fairy Tale eggplant  
1 colored bell pepper  
8 oz. bunch kale  
1 head garlic  
1 pint ground cherries  
1 candy onion

### Second September delivery

#### *Full share*

1 pound heirloom tomatoes  
1 pint cherry tomatoes  
1-1/2 pounds green beans  
1 quart lunch box peppers  
1 kohlrabi  
1 spaghetti squash  
1 candy onion  
6 ears sweet corn

#### *Partial share*

1-1/2 pounds hybrid tomatoes  
1 pint potatoes  
1 sweet Bullhorn pepper  
1 zucchini  
1 spaghetti squash  
1 bunch oregano  
1 candy onion  
4 ears sweet corn

## Fruitful Hills Summer 2023 season CSA

### Weekly full and partial share list

#### **Third September delivery**

##### *Full share*

2-1/2 pounds hybrid tomatoes  
8 oz. kale  
2 zucchini  
2 cucumbers  
6 hot peppers  
1 pie pumpkin  
2 heads garlic  
1 bunch oregano

##### *Partial share*

1-1/2 pounds hybrid tomatoes  
1 pint cherry tomatoes  
1 zucchini  
1 cucumber  
4 hot peppers  
1 pie pumpkin  
1 head garlic  
1 bunch cutting celery

#### **Fourth September delivery**

##### *Full share*

2-1/2 pounds hybrid tomatoes  
1 pint cherry tomatoes  
1 quart potatoes  
6 ears sweet corn  
2 cucumbers  
2 colored bell peppers  
1 candy onion

##### *Partial share*

1-1/2 pounds heirloom tomatoes  
1 pint potatoes  
4 ears sweet corn  
1 cucumber  
1 pint lunch box peppers  
1 sweet Bullhorn pepper  
1 candy onion  
1 zucchini

#### **Fifth September delivery**

##### *Full share*

1 head Muir lettuce  
1-1/2 pounds hybrid tomatoes  
1-1/2 pounds green beans  
1 celeriac with tops  
1 butternut squash  
1 candy onion  
6 oz. premium greens

##### *Partial share*

1 head Muir lettuce  
1 pint cherry tomatoes  
1 pound green beans  
1 celeriac with tops  
1 butternut squash  
1 kohlrabi with tops  
6 oz. Bright Lights chard

#### **First October delivery**

##### *Full share*

1 pound heirloom tomatoes  
1 pint cherry tomatoes  
1 quart potatoes  
6 oz. Bright Lights chard  
1 bunch radishes  
1 eggplant  
2 large acorn squash  
1 bunch basil

##### *Partial share*

1 pound hybrid tomatoes  
1 pint potatoes  
1 bunch radishes  
2 bell peppers  
2 small acorn squash  
1 Candy onion  
8 oz. kale

# Fruitful Hills Summer 2023 season CSA

## Weekly full and partial share list

### **Second October delivery**

#### *Full share*

1 pound tomatoes  
8 oz. lettuce mix  
1 Napa cabbage  
1 bunch beets with tops  
1 bunch Hakurei turnips  
1-1/2 pound sweet potatoes  
Garlic  
1 bunch green onions

#### *Partial share*

1 pint cherry tomatoes  
6 oz. lettuce mix  
1 pint lunch box peppers  
1 pound sweet potatoes  
1 bunch Hakurei turnips  
1 head broccoli